

SUGGESTED HIKE/RUN/BIKE ROUTES AT FORT YARGO - 0.5-3.5 MILE

UPDATED 4/10/19

The inner loop, outer loop, and green trails at Fort Yargo State Park are available for all users including hikers, runners, and mountain bikers. Bikes must follow the specific loop direction based on the day of the week. The orange trail is for hikers only. Bikes must yield to hikers on all trails.

Inner Loop – Follow the yellow arrows. Total mileage of the entire loop is approximately 6.5 miles.

Outer Loop – Follow the blue arrows. Total mileage of the loop is 13 miles without bypasses and as short as 10 miles if all bypasses are used.

Mon, Wed, Fri, & Sun – Bikers should ride clockwise around the lake.

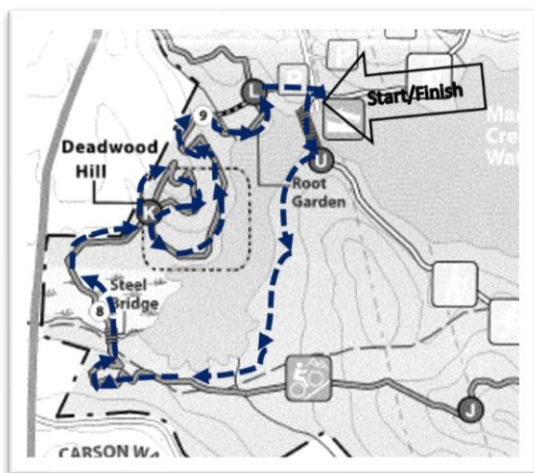
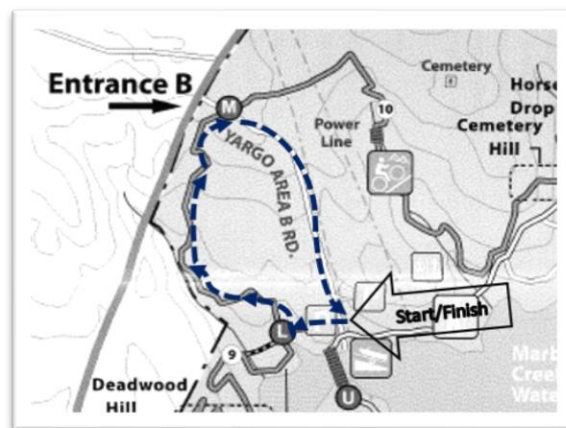
Tues, Thur, & Sat – Bikers should ride counterclockwise around the lake.

*Note – Mileages are determined by a ground wheel that measures every twist and turn. GPS data on a phone is typically off by 20% or more.



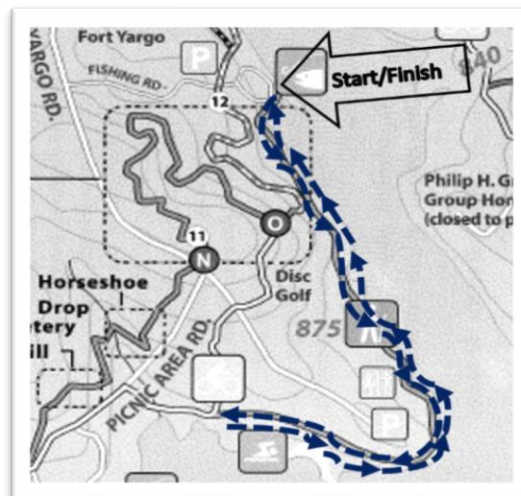
0.5 miles round trip (Very Easy, paved) – Bird Berry Path - Park at the Lake Pavilion near the Park Office. Follow the paved path to the northeast by the lake edge. This path follows asphalt on very level ground across a stream and makes loop around a gazebo. Retrace your steps back to where you parked after making the loop.

1 mile round trip (Easy) – Area B Outer Loop – Park at Area B parking near the boat ramp. Begin on the unmarked path in front of the last parking spot on the west side. Follow this path west for 0.1 mile, and then turn right/north onto the blue trail. Follow this gently climbing path until you return to the Area B road near the pay booth and trail marker M. Turn right and travel on the pavement back to your vehicle.

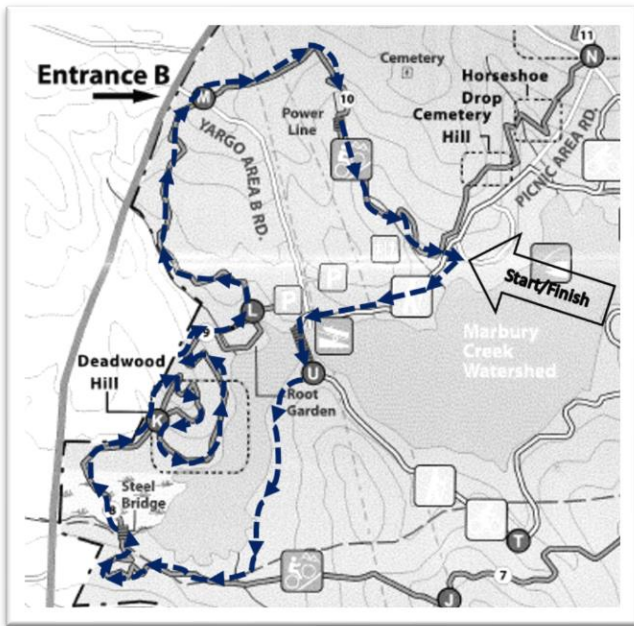
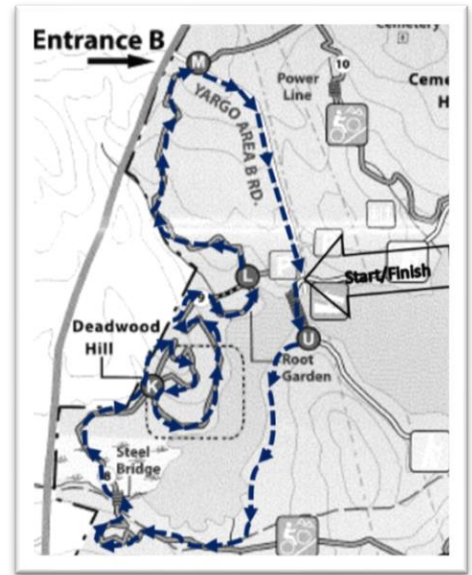


2 miles round trip (Easy) – Area B Outer Loop - Park at Area B parking near the boat ramp. Follow the yellow trail arrows across the long wooden bridge. After crossing the bridge at trail marker U, keep right on the wide, flat, unmarked trail near the lakeside until you connect back to the blue trail on an open utility area. Keep right when you enter the open area and follow the blue arrows. You will pass mile marker 8 just after a metal bridge. After marker K, travel uphill. Turn right onto Deadwood Hill and follow the blue arrows. Just after mile marker 9, keep right onto root garden. As you pass marker L, you are leaving root garden. Keep straight for a few hundred feet, and then veer right onto the walking path connector east for approximately 0.1 miles to return to the parking area.

2.5 miles round trip (Moderate) – Orange Hiking Only Trail – Park in the gravel lot on fishing road near the lake. Follow the orange trail on the southeast side of the parking lot by the lake's edge. This hiking path is a true hiking path with many roots, a few short hills, and great lake views. The orange trail does cross the disc golf course several times, so pay careful attention to the trail markers. Generally, keep the lake in view on your left until you reach the large picnic shelter and beach parking lot. Turn around and retrace your steps.

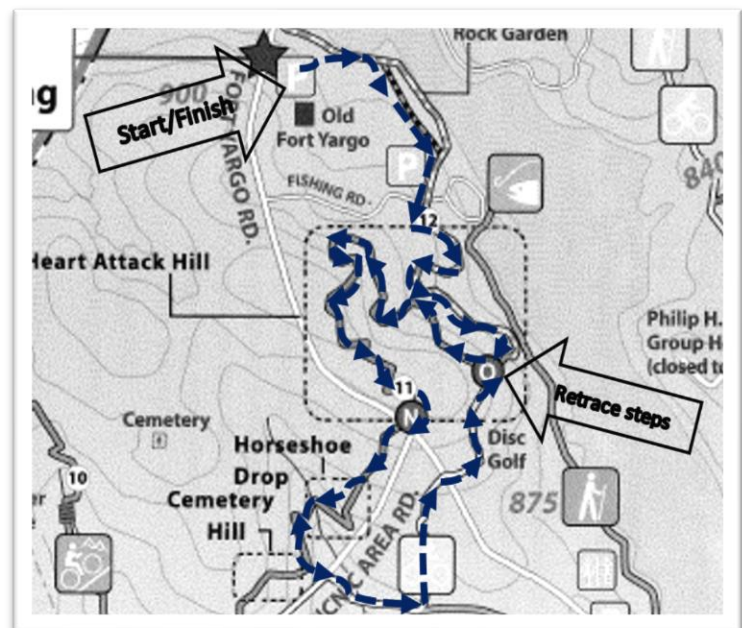


2.75 miles round trip (Easy/Moderate) – Area B Outer Loop - Park in the Area B parking near the boat ramp. Follow the yellow trail arrows across the long wooden bridge. After crossing the bridge at trail marker U, keep right onto the wide, flat, unmarked trail along the lakeside until you connect with the blue trail in an open utility area. Keep right in the open area and follow the blue arrows. You will pass mile marker 8 just after a metal bridge. After marker K, travel uphill and turn right onto Deadwood Hill, following blue arrows along the way. Just after mile marker 9, keep right onto root garden. As you pass marker L, you are leaving root garden. Keep straight for approximately one mile until you reach trail marker M on the Area B road near the pay booth. Turn right and travel on pavement back to your vehicle.



3.1 miles round trip (Easy/Moderate) – A frequently used 5K route – Park in the Picnic Area Loop near the yellow trail by the lake. Follow the yellow trail west along the lake to the Area B power lines to the long bridge. After crossing the bridge at trail marker U, keep right onto the wide, flat, unmarked trail along the lakeside until you connect with the blue trail in an open utility area. Keep right in the open area and follow the blue arrows. You will pass mile marker 8 just after a metal bridge. After marker K, travel uphill and turn right onto Deadwood Hill, following blue arrows along the way. Just after mile marker 9, keep straight to bypass root garden. As you pass marker L, keep left on the blue trail following the blue arrows for approximately 1 mile until you reach trail marker M on the Area B road near the pay booth. Travel straight across the road following the blue trail arrows. Approximately 0.5 miles after mile marker 10, the blue trail will get very close to the paved Picnic Area Loop. Take the second cross over path to your vehicle.

3.5 miles round trip (Moderate) – Heart Attack Hill Loop – Park in the Old Fort gravel lot. Travel toward the lake to inner/outer loop, and follow the blue arrows to the right (east). The rock garden option will not significantly change the mileage, but it could add a bit of excitement navigating the rough rocks at the lake's edge. You will pass mile marker 12 and then at trail marker O, keep right onto the blue trail. At Marker N (Mile 11) travel straight across the road. About 0.1 miles after bypassing horseshoe drop turn hard left onto a very short unmarked trail to cross over Picnic Area loop. Travel straight across Picnic Area Rd toward the lake, and follow the yellow trail arrows. Be sure to keep left on the yellow trail about 60 yds after crossing over picnic area rd. You will cross back over Fort Yargo Rd. On the return, be sure to keep right at marker O (now you are backtracking) after passing disc golf and follow the yellow arrows. Follow the yellow arrows down heart attack hill back to where you parked.



SUGGESTED HIKE/RUN/BIKE ROUTES AT FORT YARGO STATE PARK - 4 TO 13 MILE

UPDATED 4/10/19

The inner, outer loop and green trails at Fort Yargo State Park are available for all users including hikers, runners and mountain bikers. Bikes must follow specific loop direction based on the day of the week. The orange trail is for hikers only. Bikes must yield to hikers on all trails.

Inner Loop – Follow the yellow arrows. Total mileage about 6.5 miles if followed all the way around the lake.

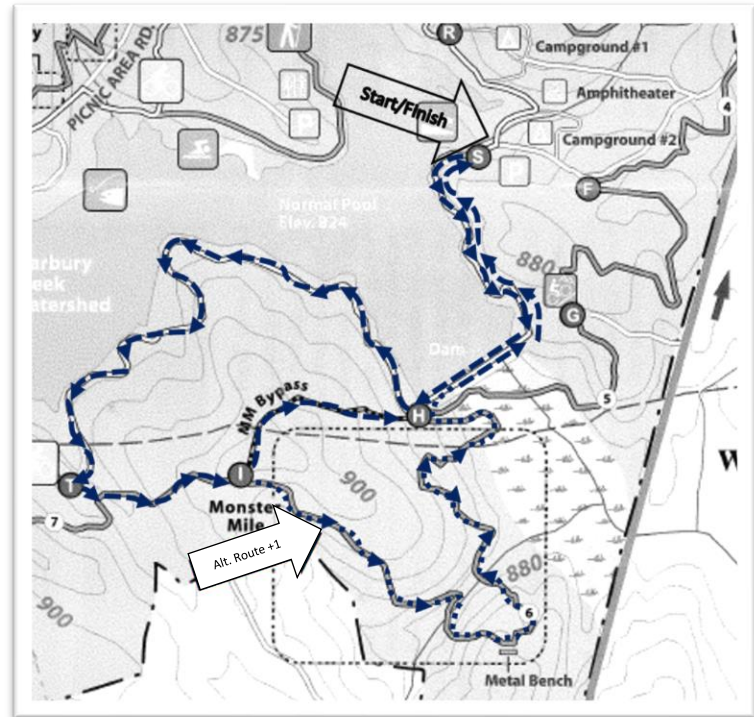
Outer Loop – Follow the blue arrows. Total mileage 13 miles without bypasses, as short as 10 miles if all bypasses are used.

Mon, Wed, Fri, & Sun – Bikes travel clockwise around the lake

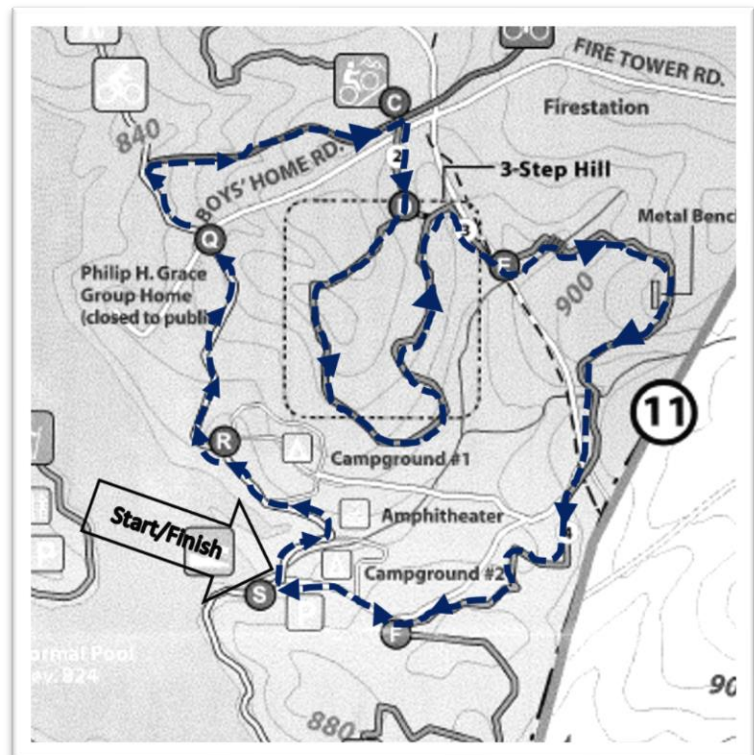
Tues, Thur, & Sat – Bikes travel counterclockwise around the lake

*Note – Mileages are measured by a wheel on the ground that measures every twist and turn. GPS data on a phone is typically off by 20% or more.

4-5 miles round trip, (easy/moderate) – Yellow trail on the backside of the lake with blue trail – Park near the boat ramp at campground 2. Adjacent to the boat ramp follow the yellow arrows starting at trail marker S along the lakeside south and across the dam. At the end of the dam, keep right at trail marker H on the yellow trail around the backside of the lake until you come across an open utility area and trail marker T. After a short uphill climb on the utility area the yellow trail turns hard right, you need to turn left onto a very short unmarked connector trail (privet canopy) onto the blue trail. Turn hard left onto the blue trail and follow the blue arrows back towards the east and Monster Mile. At trail marker I, take monster mile bypass back down to the dam and marker H for a 4-mile hike or you can add monster mile for an additional mile. Please note, monster mile is a truly advanced section of trail and only those that are experienced should attempt this section. If you choose to take monster, as you come off monster mile you will need to follow the bypass west to get back to the top of the dam (H). If monster mile is bypassed, the monster mile bypass will take you back to the top of the dam; now retrace your steps along the top of the dam back to your vehicle and marker S

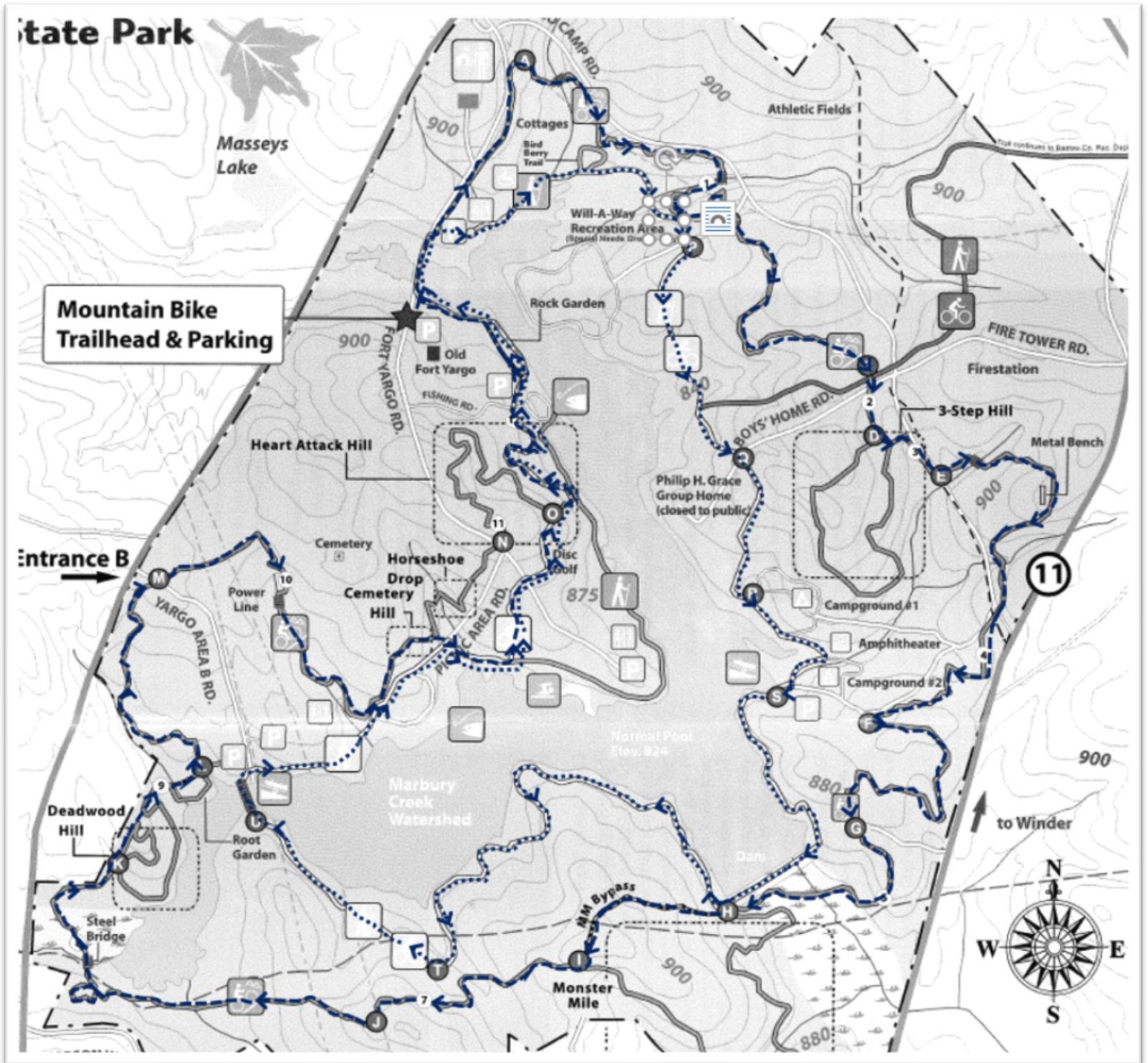


4-5 miles round trip (easy/moderate) – Yellow, green and blue. Park near the boat ramp by campground 2. Starting at trail marker S by the boat ramp, follow the yellow trail arrows through the first half of campground 2 (on paved road), then left at the playground (onto natural surface) and across the stream to campground 1. Once you enter the tent campground area, keep right in the gravel parking lot on to the yellow trail at marker R. Follow the yellow trail past marker Q and turn right/east onto the green trail to connect you back to the blue trail at marker C. Turn right/south onto and follow the blue trail to marker D, keep right to include 3-step hill for 5 miles or bypass 3-step for about 4 miles, follow the blue trail across campground road as you approach marker E. Shortly after passing mile marker 4 the trail makes a hairpin left turn by trail marker F, take the path for a few feet to get you back to pavement. This road is adventure cabins road; turn right to the stop sign a few feet away. Now turn left and follow the campground paved road back to your car about 0.1 mile down toward the lake.



6.5 miles round trip (easy) – The entire inner loop – You can park at any parking lot near the yellow trail and follow the yellow arrows any direction around the lake. Shown as **.....➔** on map

10 mile round trip (moderate) – The blue trail and with all bypasses. Park at the main entrance or Fort and follow the blue arrows around the lake. Bypass: Rock and Root Gardens, 3-Step Hill, Monster Mile, Deadwood Hill, and Horseshoe Drop. Just before or after Cemetery Hill/Horseshoe Drop, depending the direction you are going, take the unmarked short connector across picnic area road onto the yellow trail. This section of yellow trail will bypass the majority of heart attack hill. This is a popular mountain bike race route. Shown as **- - - ➔** on map



13 miles round trip (moderate to advanced) – Outer Loop – Park at the main entrance or Fort and follow the blue arrows around the lake. Do the entire outer loop and do not take any bypasses. Try two laps if you want a full marathon trail experience. Please note, monster mile is a truly advanced section of trail and only those that are experienced should attempt this section.