

# CEWC Junior Naturalist Camps

## DAY CAMPS - Supplies List

**Please make sure every item below is packed and with your child at camp check-in.**  
**Missing items may prevent your child from participating in some camp activities.**

\_\_\_\_\_ Day pack large enough for a water bottle, snack, sunscreen, and repellent

\_\_\_\_\_ Refillable water bottle (an old plastic soda bottle works well) **Label with child's name!**

\_\_\_\_\_ Lunch: include a beverage (no soft drinks) and a snack (no gum or candy )  
*We will have a cooler for the lunches and snacks.*

\_\_\_\_\_ Light raingear (**No** outdoor activities in the presence of thunder or lightning.)

\_\_\_\_\_ Comfortable daily shoes - ***NO flip-flops, open-toe or open-heel shoes!***

\_\_\_\_\_ An extra pair of **old shoes** water activities\*\* ***NO flip-flops, open-toe or open-heel shoes!***

\_\_\_\_\_ Extra clothes to be left in cubbies (shirt, pants/shorts, socks, underwear)

\_\_\_\_\_ Hat with sun visor

\_\_\_\_\_ Sunscreen lotion

\_\_\_\_\_ Insect repellent

\_\_\_\_\_ Medications (to be given to Camp Director) ; All OTC and/or prescription medication **must be its original container, accompanied by detailed instructions for administration.**

\*\*An old pair of **tight fitting, closed-toe** shoes will be used as “**muck shoes**” for mud and water exploration. These shoes may be left at the camp throughout the session.

**\*PLEASE LABEL ALL ITEMS WITH CHILD'S NAME in *permanent ink*.**