Since trails may be closed for maintenance or inclement weather, check with the Park Office to ensure availability.

Criminal trespass charges and search & rescue costs can be charged to parties guilty of negligence or failure to get user permits.

Permits required for all Bicycle, Equestrian and Backcountry Use.
Mystery of Fort Mountain

High atop Fort Mountain are the rocky ruins of an ancient "stone wall" with prehistoric origin steeped in legend. Generations of archaeologists and historians have unsuccessfully sought to unravel the riddle of this wall, one of several stone assemblages scattered throughout the Southeast. More than 150 years of research to date reveal no answers; thus, we still evade us as to who built the wall, when, and for what purpose.

For most, the wall is today a popular sight for kayakers and hikers, and is often illuminated with dramatic lighting. A famous story claims that a group of North American Indians, the Cherokee, constructed the wall as a defense against Indian attacks.

Since no artifacts have been found to support these theories, no one knows who built the wall. Some say it was the "Moon Eyes," a race of light-skinned people who could see in the dark because of their larger or paler eyes. Or perhaps Spanish conquistadors, possibly Hernando de Soto, built the wall as a defense against Indian attacks.

Trail Safety & Etiquette

- Safety: Inform yourself about the trail conditions before you start.
- Etiquette: Respect the environment and all trail users.
- Etiquette: Be courteous to other hikers and bikers by yielding to them.

Mountain Biking Safety & Etiquette

- Wear appropriate safety gear, including a helmet.
- Repair any damage to trails or signs immediately.
- Keep your dog on a leash and under control.
- Keep your voice down and respect the environment.